



FRIDAY EVENING RECEPTION

8:30-9:30p: “HOW RESISTANT ARE YOU?”

Following an exclusive film screening of the documentary, *Resistance*, hear from the filmmaker and notable leaders in the food industry as they discuss antibiotic resistance, how we got to this point, and what we can do to turn the tide.



Michael Graziano
Director, *Resistance*



Ashley Koff, RD
Celebrity Dietitian
R3 Master of Ceremonies



Dr. Gary Kaplan
Integrative Medicine Expert



Tom Phillpot,
Food/Agriculture Correspondent,
Mother Jones

SATURDAY MAIN STAGE PROGRAMMING

10:30-10:45a: “REFRESH, REVIVE & REINVENT”



Andie MacDowell
Actress & International
Spokesperson



Anne Alexander
Editorial Director,
Prevention

11:00-11:30a: “AHA! MOMENTS”

Hear from leading doctors and health experts about breakthrough thinking that will radically change the way you feel. Find out about the strange things that could be making you sick – and what you can do about it - during this exciting panel moderated by *Prevention* Health Director, Kate Lowenstein.



Dr. Gary Kaplan
Integrative Medicine Expert



Dr. Holly Phillips
CBS, Chief Medical
Correspondent



Ashley Koff, RD
Celebrity Dietitian
R3 Master of Ceremonies

11:45a-12:15p: “LOVE YOUR AGE”

We’re not afraid of getting older—but that doesn’t mean we don’t still want to look and feel our best. *Prevention* Executive Editor, Olessa Pindak, moderates a discussion that will explore how women today are redefining age, finding meaning in their lives, and achieving things they never thought possible.



Andie MacDowell
Actress & International
Spokesperson



Annabelle Gurwitsch
Actress, Comedian & Author



Mallika Chopra
Founder, Intent.com



Dr. Holly Phillips
CBS, Chief Medical
Correspondent

2:00-2:30p: “EAT CLEAN FOR OPTIMAL HEALTH”

The food revolution isn't a diet, it's a movement—and boy, is it delicious! Prevention Food & Nutrition Director, Sarah Toland, is joined by top nutrition experts and food industry celebrities to discuss the power of clean eating and how turning back to real, healthy foods will help you lose weight, increase your energy and feel great.



Ashley Koff, RD
Celebrity Dietitian
R3 Master of Ceremonies



Sonya Cote
Owner & Executive Chef
Eden East



Darya Rose, Ph.D.
Founder & Blogger
Summer Tomato

2:45-3:15p: “SHAKE UP YOUR SUPPLEMENTS”

Walk down the supplement aisle of any health food store, pharmacy, or major grocer and you'll see hundreds—no thousands—of pill bottles that can make you (understandably) confused about what you actually need. Our experts join Prevention Executive Editor, Olessa Pindak, to discuss what you really need to know about the herbs, minerals, and vitamins smart doctors prescribe.



Dr. John Ferrell
DAOM Program Director



Dr. Gary Kaplan
Integrative Medicine Expert



Bruce Topping
National Educator, Garden of Life

3:45-4:15p: “HOLLYWOOD & HEALTH”

Go behind-the-scenes with top media and entertainment influencers to find out how the media – from health magazines to your favorite sitcoms and dramas – are shaping today's health and wellness conversation and inform what you know.



Kate Langrall Folb
Program Director
Hollywood Health & Society



Darlene Hunt
Creator
The Big C



Sarah Watson
Co-Executive Producer
Parenthood

ALSO FEATURING:



Sadie Lincoln
Founder & Owner
barre3



Callie Speer
Executive Pastry Chef
Swift's Attic



Chris Freytag
Chairman of the Board, American
Council on Exercise (ACE)